

École nationale
supérieure
des beaux-arts
de Lyon

BOOKLET

2024-2025

FOOD AID



This guide provides a list of food aid resources available to students in Lyon.

CATERING

PARTNERSHIP ENSBA AND CNSMD

[PAGE 3](#)

SOLIDARITY HUBS

[PAGE 5](#)

FOOD SHOPPING

FOOD AID DISTRIBUTION

[PAGE 7](#)

SOCIAL SOLIDARITY GROCERY STORES

[PAGE 11](#)

ANTI-WASTE APPLICATIONS

[PAGE 15](#)

MAKING CONNECTIONS

1 SHOPPING BAG FOR ONE STUDENT

[PAGE 16](#)

FURTHER INFORMATION

NATIONAL ASSOCIATIONS

[PAGE 17](#)

OF PUBLIC UTILITY

ONLINE RESOURCES

[PAGE 19](#)

PARTNERSHIP ENSBA x CNSMD



Thanks to a partnership agreement between the Ensba and the CNSMD students have access to the restaurant at the **Conservatoire National Supérieur de Musique et de Danse** during lunchtime. The restaurant is located on the opposite side of the river Saône at **3 quai Chauveau**.

Meals cost **€3.35** for students, and **€1** for students receiving social grants.

When you first visit the restaurant, you will be given a card with your identifiers on the back (you can add a photo ID later). This card allows you to create an online account, where you can digitize your card and top up your funds.

No minimum balance is required on your account for your first visit, other than the cost of a meal (€3.35 or €1, depending on your student status). The restaurant is open from **11:45 a.m. to 2 p.m.** (service stops at 1:45 p.m.).

For information a student meal is composed of :

- A main dish + 2 side dishes (starter, cheese, or desert from the menu)
- A vegetable dish + 3 side dishes

LES ESCALES SOLIDAIRES (*SOLIDARITY HUBS*)



Les Escales Solidaires, or Solidarity Hubs are welcoming and convivial spaces which provide several types of assistance :

- **Lunch or dinner for €2**
- **Free student meals on Tuesday and/or Wednesday evenings**
- **Free activities** (health, well-being, culture, leisure, professional integration, ...)

Registration required :

Escale du 2 :

<https://www.habitat-humanisme.org/escales/l-escale-solidaire-du-2/>

Telephone : 09 82 81 35 90

Escale Place Wilson :

<https://www.habitat-humanisme.org/escales/l-escale-solidaire-wilson/>

Telephone : 09 74 13 73 23

E-Mail : escalesolidaire@habitat-humanisme.org

FOOD AID DISTRIBUTION



Various student and non-student associations actively assist young people facing financial difficulties by distributing free or low-cost food.

FREE

COP1 : Free distribution of food and hygiene products. An identity card and school certificate are required.

To register and find out about distribution dates :

<https://cop1.fr/ville/lyon/>

<https://www.instagram.com/cop1.solidarites.etudiantes/>

LINKEE : Free distribution of sustainable food baskets. An identity card and school certificate or student card are required.

To register and find out about distribution dates :

<https://linkee.co/distribution-lyon/>

Délivr'aide : Delivery of food and hygiene kits. An identity card and school certificate or student card are required.

Website : <https://delivraide.org/>

Application : Délivr'aide (free download)

FREE (continued)

HappyToque : Distribution of baskets containing food and cultural products provided by participating shop owners.

Website : <https://happytoque.org/etudiants/>

HopHopFood : Distribution of food baskets provided by participating shop owners.

Website : <https://happytoque.org/etudiants/>

Application : HopHopFood (free download—create your account, click on “commerces solidaires” and enter the code HHFLYON)

Epifree Saint-André : Weekly food distribution.

To register : <https://linktr.ee/epifree>





LOW-COST OPTIONS

Association étudiante EMF : Distribution of food parcels, twice a month for €3. An identity card and school certificate are required.

To register and find out about distribution dates :

<https://ww1.lyon.emf-asso.com/colis-alimentaire>

<https://www.facebook.com/EMFLyon>

https://www.instagram.com/emf_lyon

Association VRAC Universités : Distribution of local and organic products at affordable prices.

To register and find out about distribution dates :

<https://www.facebook.com/vracuniv.lyon>

SOCIAL SOLIDARITY GROCERY STORES



Social and solidarity grocery stores, located throughout Lyon, offer foodstuffs for free or at a low cost. Access is reserved for individuals with limited financial resources and typically requires membership and/or registration.

FREE

Collectif de solidarité étudiante: A solidarity grocery store which offers basic food assistance. Reservations can be made every two weeks on Sundays at 10 a.m.

Website : <https://www.cselyon.org/aides>

To reserve a time slot : <https://www.cselyon.org/aides>

LOW-COST OPTIONS

Association étudiante GAELIS with AGORAé: A solidarity grocery store which operates like a supermarket. Products are sold at a 90% discount. Users agree to contribute some of their time to helping out AGORAé.

To request an application form :

- AGORAé campus la Doua Villeurbanne :

agoraelyon1.dossiers@gaelis.fr

- AGORAé campus Porte des Alpes (Bron) :

agoraelyon2.dossiers@gaelis.fr

Website : <https://gaelis.fr/agorae-2/>

Contact : agorae@gaelis.fr

LOW-COST OPTIONS (continued)

Association étudiante L3DD with EPISCIA : A social and solidarity grocery store that provides food and hygiene products at a low cost. To access the store, you must be a student currently studying in the Greater Lyon area, have a maximum remaining budget of €8, and have a project in mind.

To apply, download the application form from the association's website :

<https://l3dd.softr.app/-epicerie-sociale-et-solidaire>

and return the completed form to :

epiceriel3dd@gmail.com

Instagram : @episcia_l3dd

La Passerelle d'Eau de Robec with Les Canuts du Marché (Lyon 1) : Become a member (on condition of your resources) for a fee of €3/month, giving you access to products that are priced between 20% and 80% of standard retail price.

Facebook :

https://www.facebook.com/lapasserelledeauderobec/?locale=fr_FR

E-Mail : lapasserelledeauderobec.association@neuf.fr

Telephone : 04 72 87 07 16





Centre Communal d'Action Sociale de Lyon with the Panier des Gones (Lyon 3) : Proposes food and hygiene products at reduced prices. You must first be referred by one of the Maisons de la Métropole pour les Solidarités in Lyon.

E-Mail : lepanierdesgones.messagerie@mairie-lyon.fr

Epicentre (Lyon 8) : Offers social support along with very low-cost products. To benefit you need to be a member, have a project, and reside in the postcodes 69007, 69008, or Vénissieux Nord.

Website : <https://epicentre-lyon.fr/>

Epi c'est bon (Lyon 8) : 50% off solidarity products for students with proof of scholarship.

Website : <https://epicestbon.fr/>

ANTI-WASTE APPLICATIONS

Socially conscious applications offer solutions for more responsible consumption, providing baskets of unsold products at low prices

Websites and/or applications (non-exhaustive list)

- **Too Good To Go :**
<https://www.toogoodtogo.com/fr/blog/bons-plans-a-lyon>
- **Phenix :** Offers student kits.
<https://www.wearephenix.com/application-anti-gaspi/>
- **Karma :** <https://save.karma.life/fr/>
- **Geev :** <https://www.geev.com/fr>



1 SHOPPING BAG FOR 1 STUDENT

1 shopping bag for 1 student: An association which links one family to a student in difficulty in the same city to provide them with support and create a connection.

The sponsor family commits to supporting the student over the course of an academic year by regularly shopping for food for them and by creating connections (meetings, invitations, moral support, shared activities...)

Website : <https://1cabaspour1etudiant.fr/etudiant/>



NATIONAL ASSOCIATIONS OF PUBLIC UTILITY



Restos du coeur : To receive food aid in the form of meal baskets, you must register each year and provide proof of insufficient resources. *You can contact the Rhône center to submit your application.*

E-Mail : ad69.siege@restosducoeur.org

Secours populaire : Offers food aid in the form of “self-services” or food baskets. Those helped are invited to make a symbolic financial contribution to the association’s solidarity initiatives.

To benefit from this service, you need to make an appointment with the Lyon branch.

E-Mail : contact@spf69.org

Telephone : 04 72 77 87 77

The Red Cross : Offers food aid to people in situations of financial difficulty. Different solutions are proposed depending on the situation: baskets, shared meals, personalized support vouchers...

For more information contact the Lyon branch via this form : <https://www.croix-rouge.fr/Contact?ctc=1282761>

Telephone : 04 28 29 66 70

ONLINE RESOURCES

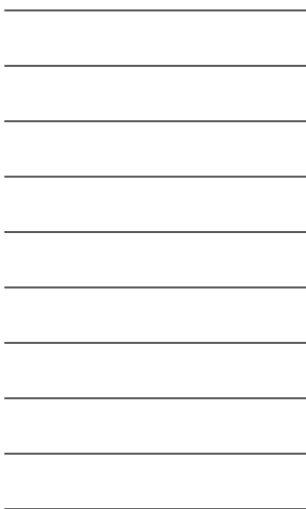


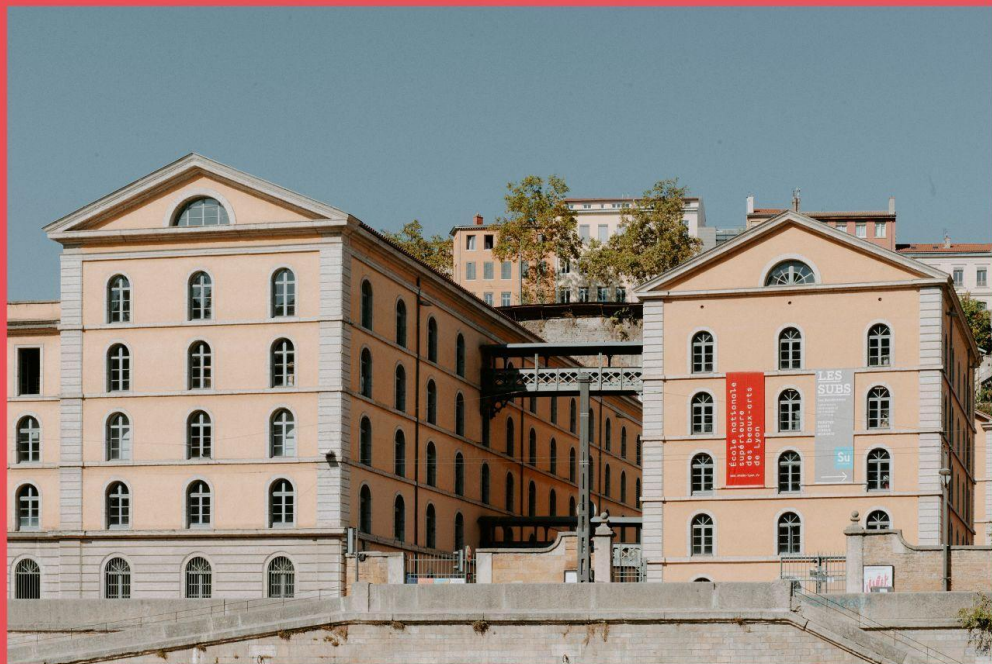
“Student Aid” Portal : The University of Lyon, in partnership with the Academy of Lyon and the Crous of Lyon, has launched a digital portal dedicated to student assistance in the area. This portal lists available support programs, resources, and useful contacts for all aspects of student life. You will find information about food assistance in the “Me Nourrir” section.

Website : <https://mesaides.universite-lyon.fr/>

Lyon Campus : Lyon Campus has created a diary to keep you informed about solidarity distributions.

Website : <https://www.lyoncampus.com/sortir/agenda>

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L'Ensba Lyon est un
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